

forum



#TowardsanActiveHull Engagement Report
Produced by Forum Community Engagement Team
April 2025

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1. Summary and Thanks

Between January 2025 and March 2025, we spoke to 396 people at 25 engagement sessions & 252 through questionnaires, in total 648.

This was facilitated and supported by groups and organisations covering all areas of the city, taking into consideration wider determinants as follows:

Groups	Number of Groups	Numbers seen	Questionnaires	Total numbers
BAME	7	134	31	165
Community	5	107	60	167
Long term Health conditions	3	21	126	147
Faith	6	94	31	125
Other	4	40	4	44
Total	25	396	252	648

For some of the discussion points themes were easily identifiable.

What would you like to see in the area where you live that would make you more active?

More community-based facilities and better use of church halls and community centres

What could Hull do to encourage people to be physically active?

The leisure centres are costly, and it would be beneficial if the charges for the centres were on a sliding scale according to individual circumstances for payment e.g. unemployed, pensioners etc.

What barriers are there in Hull to stop being physically active?

It is important to understand that Hull is a low-income city, and finances and cost are major issues for individuals. People's priorities are paying their bills, putting food on the table and keeping a roof over their heads.

“

Dogs on extender leads stop people jogging or walking - they are a danger

”

St Johns Rosemead Street

Initially individuals felt that activity meant going to the gym or undertaking some kind of sport. As we delved deeper during the engagement sessions it became apparent that they all moved everyday with daily life activities like walking, shopping, cleaning, gardening, decorating and much more, but did not consider this part of activity.

They all agreed that getting active in some form was good for their:

- Physical health
- Mental health
- Wellbeing as a whole

It would not have been possible to carry out this engagement without the support of the 25 organisations who provided us with a platform to speak to people. These are organisations who work with individuals, support individuals, advise individuals, help individuals, make a difference to individuals and most importantly are trusted by those individuals to do all those things.

We want to thank those organisations for allowing us to speak to their members, their groups, their communities, their people. The trust and relationships that these groups and organisations share cannot be underestimated, and it is this trust and those relationships that will help to ensure that going forward the public are involved with, and feel they are trusted partners in the development of plans for making Hull a more physical city.

We would like to acknowledge and thank the following groups and organisations for their support with this engagement:

Bora Shabaa	CISS (Carers Information Support Service)
Hessle Road Network	Jubilee Church
Hull Churches Home from Hospital	St Hilda's Church Greatfield
Hull Minster	St Phillips Church Bilton Grange
HU4 Community Network	St Johns Rosemead Street
Turkish Education Society	Open Doors
HU4 Community Network	Jubilee Church
Hull & East Riding Sight Support	West Hull Hub-Johnny Whiteley Park
Adult Education ESOL	DWP-Ferensway
Lonsdale Community Centre	Tigers Trust
HKR Foundation	Hull City Council-Tenant Participation team
Hon Lok Chinese Seniors	HEY Ukrainian Community
Forum CIO	

2. Introduction

Hull as we know is an extremely unique city, due to the river the city is split into East and West. Individuals live in their communities where they have all the amenities, they need from shopping to health care. Hull is recognised high levels of deprivation and health inequalities and as a result activity is not a priority, compared to necessities such having a roof over their heads, cost of food and cost of bills.

Hull City Council have acknowledged the problems faced by the people of Hull and want to address this. Hull has been selected by Sports England to become a Place Expansion Partner as part of its national strategy to get people active. This piece of work involved stakeholders and partners in Hull to undertake engagement with their respective communities and groups.

As part of the engagement process Hull City Council commissioned Forum CIO to carry out engagement with VCSE community groups in Hull to get an insight into what people felt:

- The barriers to being more active are
- Hull could do to help them be more active
- They would like to see in the areas that they live in that would promote more physical activity

During this engagement much of the feedback that we received was linked to areas and communities. This is not a surprise when we look at the communities in Hull. Much of the feedback on the barriers faced by individuals about activity were identical to those mentioned during the Community Plan engagement feedback for *“My Life, My Street, My City, “where individuals mentioned:*

- The need for a more visible Police presence on the streets so they could feel safe whilst walking or jogging
- They would use the parks more for exercise if they felt safer as presently it is felt that there are vagrants, substance misusers and street drinkers in the parks
- They would use the green spaces in the parks more if the areas were cleaner and free from dog fouling, discarded syringes, broken bottles
- The pavements are not safe to walk on as they are damaged and uneven

Individuals were interested in this piece of engagement and seemed hopeful that their voice would be heard and hopeful that this plan would mean that the financial inequalities of the city would be considered and that there would be more inclusive facilities and activities based in communities which would mean easier access.

“ More information of what is available coming through letter box as not all of us have the internet ”

Lonsdale Community Centre

3. How we engaged with groups and organisations

Engagement was undertaken by working with community groups and speaking to them about what form of engagement would be suitable for their groups. We spoke to individuals about the plan from Towards an Active Hull Partnership and why their feedback was very important to the process. They were also advised that there would be wider engagement where individuals would receive questionnaires to their home and can complete online.

The responses from the community groups and the surveys that individuals will complete at home are expected to help shape Towards an Active Hull Partnership Development Plan.

Our role at these engagement sessions was to facilitate conversations and encourage individuals to give their honest and open feedback on movement and activity.

“ Women only gyms run by the council ”

Hull Sisters (Focus Group)

a) Which groups and organisations did we engage with?

Our focus with the engagement was to speak to specific groups based on a wider determinant such as age, ethnicity, gender, location, faith and much more. Forum CIO’s remit was to concentrate only on the VCSE sector with individuals aged 18+

Taking these into consideration it was important for us to ensure inclusion of community groups across the city. Groups were identified for inclusion based on

their support of those in the wider determinant groups, however we acknowledge that groups sometimes fit into more than one of these categories. This can be seen in **Appendix 1**.

“ To use more local community buildings to have fun and accessible exercise sessions for a small fee ”

St Hilda’s Greatfield (Washing line)

The wider Groups and organisations we engaged with are listed below with more detail about the communities they support and the activities the offer at **Appendix 2**.

Bora Shabaa	CISS (Carers Information Support Service)
Hessle Road Network	Jubilee Church
Hull Churches Home from Hospital	St Hilda’s Church Greatfield
Hull Minster	St Phillips Church Bilton Grange
HU4 Community Network	St Johns Rosemead Street
Turkish Education Society	Open Doors
HU4 Community Network	Jubilee Church
Hull & East Riding Sight Support	West Hull Hub-Johnny Whiteley Park
Adult Education ESOL	DWP-Ferensway
Lonsdale Community Centre	Tigers Trust
HKR Foundation	Hull City Council-Tenant Participation team
Hon Lok Chinese Seniors	HEY Ukrainian Community
Forum CIO	

“ We need more funding for community hubs as they save our lives otherwise, we would be lonely and nothing to look forward to ”

West Hull Hub -Johnny Whiteley Park

b) What we asked and discussed

In terms of the engagement, we were given free reign on how to undertake the sessions in any way that was felt would ensure maximum interaction and feedback from individuals.

Questions were created to be open ended to prompt discussion and allowed for prompts to make people think further about the question and how it was relevant to them, the area where they lived and the community. The theme of the focus groups followed the theme of questionnaire, so we were consistent in our approach can be found in **Appendix 3**

“ Allotments as I don't have a garden do something as part of the community ”

River City - The Well (Washing line)

c) How we engaged with groups and organisations

Prior to the engagement sessions we met with each of the organisations and discussed which would be the best form of engagement with each of their groups.

The engagement options available for organisations was as follows:

- **Questionnaires** – hardcopy that groups circulated or survey monkey links that groups shared on social media.
- **Focus groups** –Focus groups made up of a mixed group of people, usually around 10-25 people discussing their views. Questions asked, and responses explored further to prompt discussion.
- **Talking tables** - The venue is set out like a café: small tables with paper tablecloths (or pieces of flipchart paper) so people can make notes or draw pictures to capture their conversation. It is important to make the space as welcoming and hospitable as possible. People get their refreshments and then gather around tables to talk about the issue. A talking cafe is effective when you want to get a group of people talking about a particular issue, or series of related issues, in a relaxed setting it can help in gathering collective views and ideas and allow people to work through issues together
- **Washing line** - Pants and Tops is a useful tool to encourage feedback. It is a simple yet effective method as everyone knows what's 'pants' (bad) and what's 'tops' (good) is. A pants and tops daily washing line can be created using string with clothes pegs. Easy to set up and get people involved and can be in situ at a service for a week.

We felt that this would be a good opportunity to use these methods due to the diverse nature of the individuals that accessed the various organisations.

In most cases focus groups were chosen as it was felt that individuals would feel less inhibited in a group, and it was a suitable method for obtaining several perspectives.

The community groups acted as host venues for us ensuring that individuals taking part were in familiar surroundings and able to travel without any issues.

By undertaking focus groups, we were able to:

- Promote a discussion.
- Get in depth answers on everyone's perspective and the effects on their life.
- A shared understanding



“ Free Walk and talk groups to help not only with physical health but mental health ”

Jubilee Life College

At 4 of the groups, we carried out engagement using the tops and pants washing line. The tops and pants washing line is used to give feedback of good on tops and bad on pants cut outs that are pegged on to a washing line. The tops and pants method is an inclusive tool that everyone can understand and freely give their views in an anonymous and honest way.



“ Free history walks of Hull to help you learn about the city and get exercise. ”

Hull Turkish Group

3 organisations chose to undertake the talking tables engagement with their service users which encourage interactive dialogue, allow for diverse perspectives.



“

Have buses to get to leisure centres like the park and ride that is cheaper will help people on the estates.

”

HCC – Tenant Participation (Talking Tables)

d) What were the barriers to engagement?

Before carrying out any engagement we liaised with the organisation to identify any additional adjustments that would need to be made to support those taking part in the engagement. This included accessible venues, translation services and access to large print or appropriately coloured documents.

As part of this we provided the following support to groups and individuals:

- Large print questions
- Bora Shabaa – staff helped with translations -Arabic, French, Swahili
- Explained about the structure of the Local Authority as there was a real lack of understanding about the various departments within the local authority.

“

Community Centres subsidised to have more activities for visually impaired people. e.g. movement to music, chair exercises, dancing

”

Sight Support -Focus Group

e) How did we encourage engagement?

As we have developed our engagement strategy activity, we have found that incentives are a great opportunity to motivate, show recognition and thanks.

All groups who engaged with Forum as part of the Community Strategy Engagement were offered a £150 participatory payment to cover room hire, refreshments and any promotion that needed to be undertaken to encourage individuals to participate.

As an alternative to a nominal participatory payment to each individual who took part in the focus groups, we ran a raffle where individuals had the opportunity to win a LOVE 2 SHOP shopping voucher.

Discussing this at the start of each session brought levity to the session and promoted conversation between individuals, especially as some of the feedback received was very honest.

4. What people told us

Our communication with community is open and transparent and we feedback everything we are told.

It is worth noting that despite the variety of groups spoken to the themes were all very similar. Individuals were aware of the benefits of physical activity and that

- exercise is good for you and contributes a wide range of health benefits, including reducing the risk of heart disease, stroke and type 2 diabetes
- exercise positively impacts both physical and mental health
- exercise can reduce anxiety and depression as well as boost self-esteem.

“ More organised fun sports for people to enjoy as a community in the parks ”

HEY Ukrainian Community

It was apparent during this engagement that people did not consider day to day activity such as walking, shopping, gardening, housework as contributing towards an active lifestyle. The also don't feel that any necessary activity like cycling if they don't own a car or walking children to school contributes to activity.

Questions had a different meaning to different people and groups and how they responded. This can be dependent on culture, upbringing, demographics and much more.

a) Key Themes from all groups

Community Safety	<p>Concern about:</p> <ul style="list-style-type: none"> • Lack of Police presence across the city • Poor street lighting • Gangs, predominantly youths in parks and pavements. • Street drinkers and substance misusers in parks and the city centre
Access to Council Leisure Centres	<ul style="list-style-type: none"> • Cost of accessing leisure centres • Cost of accessing swimming pools • Lack of women only facilities
Finances	<ul style="list-style-type: none"> • Priorities were keeping a roof over their heads, food on the table and paying bills. Leisure was seen as a luxury to a lot of people
Travel	<ul style="list-style-type: none"> • Cost of travel can be expensive especially to access the leisure centres or swimming pools individuals sometimes must take 2 buses to access amenities
Green spaces/Parks	<p>Parks would be used more if they were cleaner and safer from</p> <ul style="list-style-type: none"> • Dog fouling • Litter • Syringes • Broken glass • Gangs of youths • Street drinkers • Substance misusers
City Centre	<p>People would do the walks in the city centre like the fish trail but felt intimidated and concerned by:</p> <ul style="list-style-type: none"> • Beggars, homeless, substance misusers • Cycles on footpaths • Take away delivery riders on electric cycles

“ Motivate people who are already demotivated due to having to come to food banks and no extra money for activities ”

St Philips Community Hub

b) Key findings

The key findings that are more pertinent to the “Toward an Active Hull “bid are related to the key questions below:

- What stops you from being as active as you would like to be
- What would you like to see in the area where you live that would make you more active
- What could Hull do to encourage more people to be physically active
- What barriers are there in Hull that stop people being physically active

Here are snapshot examples from the feedback. Full feedback has been shared separately.

What stops you from being as active as you would like to be

- Being a full-time carer
- Cost
- Weather
- Procrastination and laziness
- Health
- Mental health - lack of motivation
- Lack of facilities now at the Community centre since covid - the exercise class stopped
- Mobility issues
- Trying to have a life balance
- Nothing in the area for people with severe disabilities
- Cost-to go to women only swimming Beverley Road baths is £6.30 just for 1 hour
- I don't know what exercises to do – lack of information
- Not feeling safe on the streets to go walking
- Culture - wearing a Hijab -cannot go to the gym where men are
- Lack of self esteem
- Fear of being judged if I go to a gym or swimming - I feel embarrassment - these places are always fully of posey people
- Time and money

- We do not feel safe even walking because of the hijab as people stare and sometimes, we get racial abuse
- I do not feel safe going to Pearson Park -it is full of drunks, drug dealers and users, gangs of young boys who cover their faces
- Dogs on extender leads should be banned as dangerous for visually impaired people on paths
- Obstacles on paths are a hazard for visually impaired ranging from cars, scooters, e bikes, wheelie bins left by homeowners and bin collectors, mobility scooters, youths on bikes
- Being a wheelchair user
- Loneliness
- Cost of childcare
- Long work hours

What would you like to see in the area where you live that would make you more active

- Free socialising groups linked to exercise
- Cheaper bus fares
- Better use of community centres for exercise classes
- Designated dog walking area
- Exercise groups for over 65+
- Safe spaces to walk in the park
- Free Gym between school times for mothers
- More places opening where I live as there is nothing Ings, Longhill, Bilton
- Less crime in the parks and on the street so you are not afraid to jog or walk
- Have more community centres that are open 7 days a week that run all sorts of activities for women, adults, children, families
- More activities for people with mental health to help them more
- Multi gyms to be shown how to use them in Parks
- Educate the public and have signs in public spaces as the different types of canes used by visually impaired people e.g. short cane, long cane, longer cane with bowl that you sweep the length of your body and if you are deaf and blind your cane is red and white
- Better policing so I can go out for walks and not be afraid
- Walk and talk groups
- How to use a computer class so we can use You Tube for exercises
- Better use of church halls

What could Hull do to encourage more people to be physically active

- Hull could create awareness of the benefits of physical activities to health and wellbeing and make available places all over the city where people can go and have an assessment on what they would like to do

- Listen to people more by doing things in their areas and not have big leisure centres
- Free classes in areas where we live -community centres
- Free Walk and talk groups to help not only with physical health but mental health
- A special fitness club card depending on income with a sliding scale if unemployed or low income to be free or pay a small amount
- Offer vouchers for leisure activities e.g. swimming, aqua aerobics, badminton, gym, Zumba
- Affordable groups in the area that are for everyone and every age
- More information of what is available coming through letter box as not all of us have the internet
- Have women only days in parks so we can socialise and be together without being frightened
- Walking routes like the cycle paths for people who enjoy walking
- More green spaces in the city centre
- Tried doing the fish trail but dangerous walking in the city centre due to cyclists on all paths and the takeaway drivers
- Get rid of cycle lanes as cycles are on all foot paths and do not use lanes
- Subsidised use of gyms for the elderly or a free day for OAP's only at gyms with a trainer at hand
- We need more funding for community hubs as they save our lives otherwise, we would be lonely and nothing to look forward to
- Make leisure centres cheaper
- Too many take aways in Hull we need a promotion on healthy food and how to cook on a budget

What barriers are there in Hull that stop people being physically active

- Cost to get into leisure centres
- Cost of travel
- Poor street lighting
- Life gets in the way - health, bills, problems
- Loneliness is a big barrier for me which means I don't always want to come out and must force myself
- Being able to do more as being on benefits makes it difficult
- Low income
- Lethargy
- Unemployment
- Deprived city
- Religion and culture
- All leisure centres are mixed - men and women
- Remember that there are disabled people who want to be active but there is nothing for them

- No facilities in the community
- Sense of Community has gone, and people feel alone
- Cyclists on pavements on mobile phones not paying attention
- No support for visually impaired to be more active
- For me to go to a leisure centre is 2 buses - each single is £3 and then to go to a leisure centre that would be more just for one hour
- What about individuals in residential care - what are you doing about them getting physical activity

“

Better use of church halls and community centres in our areas so we can do keep fit for a small price

”

**Hon Lok Chinese Seniors
Association**

5. What this feedback tells us

Despite seeing a variety of groups across the city the themes identified are reflected across all participants.

Everyone walked and the walking fell into two groups

- (i) Walking out of necessity as part of daily life due to cost of travel and having to take children to school, shopping
- (ii) Walking for exercise as part of routine to do ten thousand steps daily and, or use the car and public travel less

Themes such as cost, safety, travel were not limited to one area of the city or the experience of specific demographics.

Being able to use different methods of engagement helped in having those conversations on what is movement and what would people like to see in their areas to help them be more active.

Many comments did not fit under the remit of movement and activity but linked back to the Community Plan as it had a bearing on individuals' ability to be more active, these being:

- Damaged footpaths
- Unsafe parks
- Dog fouling
- Poor streetlighting
- Unsafe city centre
- Dogs on extender leads
- Cost of travel
- Better use of community buildings in their localities
- Bins and Recycling need to take into consideration that there are visually impaired and disabled people who use the pavements and leaving bins in the middle of pavements after collection is really dangerous

Many of the above comments showed that individuals do not understand the structure of the local authority and which departments are responsible for which areas as they assume that the Local Authority is responsible for every aspect of city.

“
 Make the parks safer and a place
 where people want to go to do
 things like running, football
 ”

Bora Shabaa

5. What happens next?

To thank the organisations for being involved in this piece of engagement an event with all stakeholders has been proposed for September 2025.

This event will give the following opportunities:

- To thank all community groups that took part in the engagement.
- Towards an active Hull team will give feedback on the bid that had been submitted
- To provide feedback on the engagement findings, highlighting key themes and what is next

“ Have more places for different budgets ”

HU4 Family Hub

Appendix 1

Inclusion Groups

GROUP/ ORGANISATION	WOMEN ONLY	OVER 55S	FOOD SUPPORT	BAME	GEOGRAPHIC AREA	LONG TERM CONDITION	HOUSING / SUPPORT D LIVING	HOMELESS SUPPORT	MENTAL HEALTH	COMMUNITY GROUP/ORGA NISATION	FAITH GROUP	MOTHERS & TODDLERS/ FAMILY
Bora Shabaa												
Hessle Road Network												
Hull Churches Home from Hospital												
Hull Sisters												
Hull Minster												
Lonsdale Community Centre												
River City												
Tigers Trust												
HU4 Community Network												
Jubilee Church												
Carers Information Support Service												
St Hildas Church -Greatfield												
St Johns Church Rosemead St												

GROUP/ ORGANISATION	WOMEN ONLY	OVER 55S	FOOD SUPPORT	BAME	GEOGRAPHIC AREA	LONG TERM CONDITION	HOUSING / SUPPORTED LIVING	HOMELESS SUPPORT	MENTAL HEALTH	COMMUNITY GROUP/ORGANISATION	FAITH GROUP	MOTHERS & TODDLERS/ FAMILY
Open Doors – Refugee & Asylum Seekers												
Turkish Community Group												
Sight Support												
West Hull Hub -Johnny Whiteley Park												
Tenant Participation -Hull City Council												
Adult Education ESOL Group												
HEY Ukrainian Society												
DWP-Wellbeing Day												
HKR Foundation												
St Phillips Church -Bilton Grange												
Forum Open Day												

Appendix 2

Groups and Organisational details

Group	Name	What they do
Long Term Condition	CISS	A support service for autistic people without a learning disability aged 13 or over, living in Hull or East Riding who have, or are waiting for a diagnostic assessment. Providing advice and support in relation to employment, education, housing, benefits, health, and diagnosis.
	Hull Churches Home from Hospital	Originally established to help those recovering at home after a hospital stay who have little or no support. HCHfH also offers services for families affected by cancer, carers and the lonely or isolated. The charity provides its services through the kindness of volunteers who give their time and care for free, but its work is recognised and supported by the NHS and other agencies.
	Sight Support	Supporting local people with sight loss in Hull & East Riding since 1864 to live full, active and happy lives. They support individuals with tools that they need to live the way they want independently or with support.
Community	HU4 Community Network	HU4 is a community centre based in Boothferry – run by members of the community, specifically for the community to reduce food poverty, social isolation and much more.
	Hessle Road Network	A community-led organisation formed to enable residents to actively participate in regeneration issues in their area. They are a community-run and community-focused organisation involved in the direct delivery of services to their local population.
	Lonsdale Community Centre	A busy community centre in West Hull and offer a wide range of recreational and educational activities to the local community for individuals and families. They also have a food pantry and offer lunches.

	HKR Foundation	Their role is to inspire people through sport and physical activity and to deliver lasting benefits in terms of education, health and wellbeing. They work in schools, community clubs and communities across Hull.
#BAME / Refugee & Asylum Seeker	Turkish Community Group	Turkish Community & Learning Centre and Mosque.
	Hull Sisters	Offer a safe, empowering, all-female space where our clients can build relationships and access the support they need. They support predominantly BAME women, but all women are welcome. They run ESOL classes, a free food bank.
	HEY Ukrainian Community,	A group that helps Ukrainian individuals in the Hull and East Yorkshire area to connect, share information, and support one another.
	Bora Shabaa	Supporting refugees to learn English, access housing, benefits advice, employment, healthcare and schools for children.
	Hon Lok Seniors	Hon Lok Cultural Association is a group for Chinese seniors in Hull where they promote social inclusion, and things cultural from tai chi to fan dancing.
	Open Door	Open Doors works with asylum seekers, refugees and vulnerable migrants, enabling them to integrate into the local society. They offer ESOL classes, a food and clothes bank and support.
	Adult Education - ESOL	Adult Education offer a course that has been designed to help develop confidence in speaking and listening in English for individuals learning the language.
Faith Groups	St John's Rosemead Street	A Church and Community hub bringing together a community through a food bank, a pantry, breakfast morning and social inclusion.
	St Philip's Bilton Grange	A Church and Community hub bringing people together through a food bank, mental health support and community inclusion.
	St Hilda's Greatfield	St Hilda's Church is in a deprived area and due to the cost of living, people in the community struggle day to day. They offer a safe space and a central hub for our community, with groups, a lunch club and a safe space.
	Jubilee Church & Food Bank	A multi-cultural church serving the most marginalised of Hull; whether they are new to the area, or Hull is already their home, they are welcome to visit and get involved with the church.

	River City	A multi-cultural church serving the East of the city a food bank, warm space , clothes bank and information and support.
	Hull Minster	An Anglican Minster and the parish church of Kingston upon Hull. The church operates as both a church and community space in the City centre.
Other	Tigers Trust	Work with communities to improve lives actively, through sport, active participation and education; providing opportunities and removing barriers; and helping people to lead healthy and happy lives because we care and because we can.
	Hull City Council Tenant Participation	Tenant involvement is mainly for people who live in homes rented from Hull City Council. We do also offer resident involvement for those who are interested in making their local area a better place.
	DWP	The Department for Work and Pensions is a ministerial department of the Government of the United Kingdom. It is responsible for welfare, pensions and child maintenance policy.
	Forum CIO	Forum CIO is a voluntary and community sector umbrella organisation based in Hull and operating across Yorkshire and the Humber.

Appendix 3



You and physical activity.

<p>What do you think physical activity is?</p>	<p>Public Health England Health Matters</p> <p>Physical activity</p> <ul style="list-style-type: none">Active livingActive travelActive recreationActive sport<ul style="list-style-type: none">Informal sportOrganised sport
<p>Describe what a person who is physically active like?</p>	

How active are you?



What do you enjoy doing that is physically active?



forum

What stops you from being as active as you would like to be?



What one thing can you do to make you more active?



What would you like to see in the area where you live that would make you more active?



What could Hull do to encourage more people to be physically active?



What barriers are there in Hull that stop people being physically active?



Any other comments

